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January 1, 2000

TO:
Dockets Management Branch (HFA-305)
Food and Drug Administration
5630 Fishers Lane, Rm 1061
Rockville, Md 20852

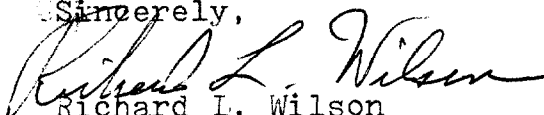
Dear Sirs:

I am writing regarding docket number 94P-0036, a proposition currently before the FDA to require the trans-fat content of foods to be listed on labels alongside saturated fat. Since hearing the results of research conducted by the Harvard School of Health for over ten years on the negative dietary effects of trans-fats (hydrogenated oils), my wife and I have sought to eliminate such substances from our diet. However, this is very difficult to do, because trans-fats are so widely used, and are often not clearly stated in the list of ingredients.

For those of us who, like myself, are attempting to prevent the worsening of a heart condition, it would be highly beneficial to require manufacturers to list the trans-fats (hydrogenated oils) more clearly and consistently. It would also make it easier for all consumers to exert pressure for the elimination of trans-fats in enough products so that we may have a choice. As it stands now, it is almost impossible to find some products (soups, for instance) where there are any brands that are free of trans-fats.

Please be assured that there are many other consumers, young and old, with similar concerns. We strongly urge the FDA to favorably regard docket #94P-0036 so that all consumers, both young and old, may exercise a healthy selectivity in their choices of prepared foods. Thank you.

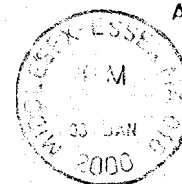
Sincerely,


Richard L. Wilson
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Andover, MA 01810

94P-0036

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